

WATER

UK Climate 4-10 days without.

Avoid SEASICKNESS
dehydration, exercise.

DRINK at "headache" stage

Acquisition & storage. Canopy, solar
stills, reverse osmosis pump.

Water is required for body to function correctly.

At sea avoid seasickness. On land avoid dehydration, exercise and overheating.

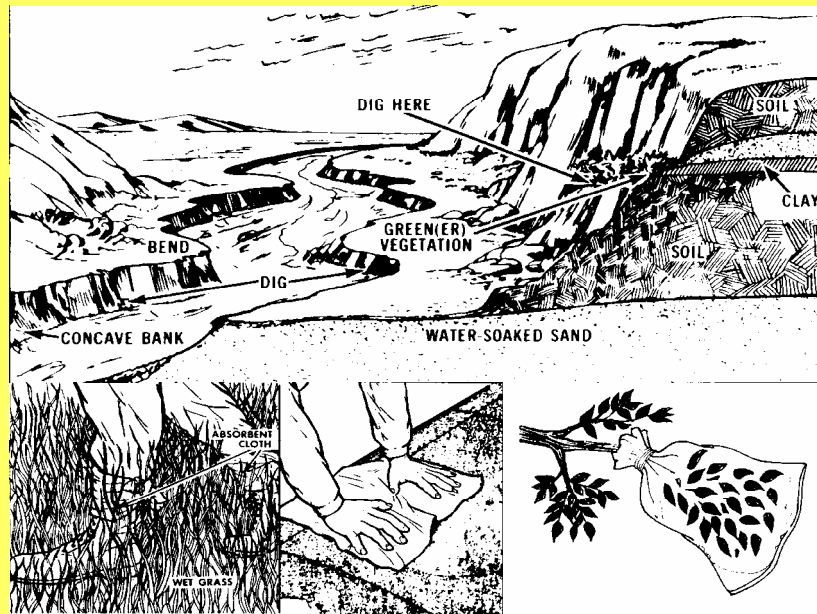
If going to a dry area, take water or means of making or acquiring water with you.

Drink at headache stage. Beyond this thought process is impaired. Bodies have been found in deserts with stocks of water.

Acquisition. Rain. streams, marshes ICE
Canopy of raft, solar stills, improvised stills
bag over bush etc.

Reverse osmosis pump.

WATER



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A few examples on the slide

Places to look.

Outer bends of dry rivers.

Cliff faces differing rock strata

Greener vegetation.

Dewy field or surfaces wrap cloth around
legs.

Improvised solar still